

WSA WEBINARS PLAN –

If you are interested in running a webinar, please let your manager/WSA lead know.

All webinars are open to parents/staff/YP in all 4 boroughs, the borough indicated is for who is going to lead the webinar.

*There will **not** be a chat function, or the opportunity to ask questions on the webinar for risk/safety reasons.*

A Zoom link is to be created and given to comms for a reoccurring event, therefore just 1 email from a parent/staff member will be required to sign up to all events.

Schedule (all around 45 mins each) –

January - Friday the 19th at 4pm - Worry Management – All – **St Helens**

February – Friday the 23rd at 4pm - Parenting for Anxiety – Parents/Staff - **Halton**

March - Friday the 22nd at 4pm - Low Mood – All - **Warrington**

April – Friday the 26th at 4pm – Neurodiversity/Emotional Regulation – **Knowsley**

May – Friday the 17th at 4pm - Parenting for Behaviour – Parents/Staff – send to supervisors – **St Helens**

June – Friday the 21st at 4pm - LGBTQ+ - All – **Warrington**

July – Friday the 19th at 4pm - Emotional Regulation – All – **Halton**

To be advertised separately –

August – Friday the 16th at 3pm - Self Care Summer – Families & Transition Anxiety

August - Transition Anxiety - Friday the 23rd at 3pm – Families

September – TBD - MHST Staff Training – Staff

Key -

Green = signed off by supervisors

Orange = awaiting sign off