

# The Music Connection



**A creative community for you and baby.  
No musical experience necessary!**

Take part in these free music sessions designed for mums of babies under 1 years old and pregnant women. All sessions are led by two Liverpool Philharmonic Musicians, Gareth and Rachel.

Join us for these informal sessions to meet new people and an opportunity for you and your baby to explore a range of activities including creating music and singing.

Refreshments are included as part of the sessions.



**Sessions run on the following dates at 10:30am and 11:45am and last 45 minute per session:**

- Monday 15<sup>th</sup> January 2024
- Monday 22<sup>nd</sup> January 2024
- Monday 29<sup>th</sup> January 2024
- Monday 12<sup>th</sup> February 2024
- Monday 19<sup>th</sup> February 2024
- Monday 11<sup>th</sup> March 2024
- Monday 18<sup>th</sup> March 2024

All sessions take place in Children's Library, Kirkby Library, Norwich Way, Kirkby, Knowsley, L32 8XY



The Music Connection sessions are part of Liverpool Philharmonic's Social Prescribing programme, run in partnership with Knowsley Library Service, One-Knowsley, Kirkby Primary Care Network and Improving Me. The sessions are open to women who are pregnant or have a baby under 1 years of age. The sessions aim to boost wellbeing through music.

To find out more please contact Joe at Liverpool Philharmonic on: 0151 210 2954 or [learning@liverpoolphil.com](mailto:learning@liverpoolphil.com) Or to book please use the QR code across:



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PHILHARMONIC