



Knowsley Parenting Support Autumn 2025



Welcome to our Autumn 2025 Parenting Newsletter. Included is information of our Parenting Offer which highlights Parenting and Healthy relationships programmes that are available for all Parents and Carers in Knowsley from September – December 2025. The information includes support that is available for those who are expecting a baby right up to 19 years and 25 years for young people with SEND.

In this edition, we are not only sharing with you a number of programmes and sessions that are delivered by the Parenting Team, but also information regarding sessions and programmes that are delivered by our partner agencies and other services that support Parents and Carers in Knowsley.

All programmes are **FREE** for parents and carers to access and information on how to book on or access is included within each section. If you would like to attend a programme or session but are unsure which one would be the right one for you, just get in touch. We will try to help you find one that works for you.

Now we have reached September, lots of children will be experiencing some big changes. Many will have started nursery or school for the first time, some will have made the transition over to secondary school and others may be going on to further education.

Transitions, whether it's to a new school, new class, new teacher, or just adjusting after the long summer break can have a big impact on children's emotions and behaviour. It's natural to see ups and downs during this period. Looking after your own wellbeing, while supporting children through these changes will help them feel more secure and confident as they adapt to these changes and new routines.

In addition to our programme delivery, you will also find some useful resources within the newsletter regarding supporting children through changes. These include, the Solihull approach online programme **Understanding my Child's Behaviour** and **Moving Up!** series and the **CBeebies** parenting offer. Both resources provide information, advice and practical strategies that may help to make these changes feel a little smoother for your family.

If you have any queries, would like to discuss any of the programmes, or register to book a place, please just get in touch at parenting@knowsley.gov.uk¹.

The Parenting Team.

Programmes and Support for Parents and Carers 0- 1 Years

Welcome To The World Antenatal Programme

Welcome to the World is a FREE programme for parents expecting a baby. Run in collaboration with partners within the Start for Life Team, the 5 week programme helps prepare for your baby's arrival covering topics such as:

- Nurturing My Baby's Development & Growing Brain
- Changes in Me and You
- Your future as parents and as a family
- The Midwife - Labour Day
- Breastfeeding My Baby
- And more!

¹<mailto:parenting@knowsley.gov.uk>

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- Nurturing My Baby's Development & Growing Brain
- Changes in Me and You
- Your future as parents and as a family
- The Midwife - Labour Day
- Breastfeeding My Baby
- And more!

Pregnancy Partners are welcome to come to the sessions too and it's also fine to come on your own or with another relative or friend. An antenatal letter can be provided to attend the sessions. Please let us know at the time of booking.

Hilltop Children's Centre, Bedford Close, Huyton, L36 1XH
from Wednesday 24th September 9.30am - 12noon

Northwood Family Hub at The Pride, 2 Simonswood Lane, Kirkby, L33 5YP from Wednesday 5th November 2.00pm - 4.30pm

For more information or to book a place, please contact
parenting@knowsley.gov.uk
Or alternatively contact Jenny 07792540131 or Janine 07385347656

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For more information or to book a place, please contact **parenting@knowsley.gov.uk** Or alternatively contact **Jenny 07792540131** or **Janine 07385347656**

For professionals : Referrals can be submitted via **EHM > Actions > Start Parenting referral**. For Non-EHM users please find attached a referral form that can be submitted to parenting@knowsley.gov.uk².

²<mailto:parenting@knowsley.gov.uk>

Understanding Pregnancy, Labour, Birth and your Baby - Online Programme



Did You Know about our Online Antenatal Programmes?

As part of our antenatal Parenting offer in Knowsley we offer Online Programmes FREE for expectant Parents and Carers. inourplace is home to high-quality, evidence-based online antenatal courses available to everyone in the UK, entirely free of charge.

Designed by clinical psychologists, midwives, health professionals and other parents, the comprehensive online antenatal course modules cover everything from preparing for birth to building a relationship with your baby that sets them up to thrive.

A promotional poster for an online antenatal course. The top left features the text 'PREPARE YOUR CHILD FOR LIFE' with icons for various topics. The top right has the 'inourplace' logo and the 'NHS' logo. The main title is 'Understanding pregnancy, labour, birth and your baby'. Below this, it says 'Free midwifery-led online antenatal course for you to follow in your own time. For everyone in your baby's family.' A list of topics includes: 'Getting to know and bonding with your baby before birth', 'Stages of labour', 'Preparing to welcome your baby', 'Supportive resources and tips for staying calm', and 'Women couples tailored version'. It also mentions 'Designed by clinical psychologists in partnership with registered midwives, health visitors and parents'. A QR code is visible on the right side of the poster. At the bottom, it says 'Residents of KNOWSLEY' and 'Use Access Code BETTERTOGETHER'. There are also logos for 'in part partnership with' and 'Knowsley Council'.

Topics include:

- Your emotional wellbeing
- Getting to know your baby in the womb
- Your baby's development
- Relaxing and breathing techniques
- Your body and preparing for labour
- Stages of labour and types of delivery

- Pain relief
- Your feelings during labour
- Feeding your baby
- Comforting your baby

Courses are online and designed to fit around you – follow in your own time, wherever you are!

To Access visit Online Learning³

Apply the 'Access Code' for FREE access!

Access Code: **BETTERTOGETHER**

Fill in some details to create an account

Return to the course any time with your log in details

Why not take a look at the video below which tells you a little about the course!



https://youtu.be/6Xe7mBNC_r8

Triple P Baby

Are you a new parent with a baby up to 12 months of age?

This 4-week group programme gives you practical strategies to create the best environment for your baby's development –and feel more confident as you begin your parenting journey.

³<https://inourplace.heiapply.com/online-learning/courses>



Triple P Baby

Learn ways to cope with;

- Frequent crying
- Set up good sleep habits
- Read your baby's cues
- Look after yourself
- Adapt to changes in family life
- and more.

It's easier with positive parenting strategies!

Are you a new parent with a baby up to 12 months of age?

This 4-week group programme gives you practical strategies to create the best environment for your baby's development – and feel more confident as you begin your parenting journey.

Starting Monday 22nd September
10.00am - 12.00 noon

**Hilltop Children's Centre,
Bedford Close, Huyton,
L36 1XH**

To book on the course, or for more information, please contact Jenny (07792540131) / Janine (07385347656)

Alternatively email parenting@knowsley.gov.uk



Knowsley Council



Learn ways to cope with:

- Frequent crying
- Set up good sleep habits
- Read your baby's cues
- Look after yourself
- Adapt to changes in family life
- and more

It's easier with positive parenting strategies

**Starting Monday 22nd September and 10.00am - 12.00 noon Hilltop Children's Centre,
Bedford Close, Huyton, L36 1XH**

For more information or to book a place, please contact **Jenny (07792540131) / Janine (07385347656)**. Alternatively email **parenting@knowsley.gov.uk**

For professionals : Referrals can be submitted via **EHM > Actions > Start Parenting referral**.
For Non-EHM users please find attached a referral form that can be submitted to parenting@knowsley.gov.uk⁴.

LOVE, GROW & BOND

Delivered by Home-Start Knowsley, **LOVE,GROW &BOND** is a 7 week programme for care leavers with babies 6weeks - 6mths.

The 7-Week Program includes:

- Baby massage sessions
- Parent and Baby Yoga
- Sensory play and storytelling activities
- The importance of bonding & attachment
- Plus a variety of additional offerings, all within a relaxed, baby-led atmosphere that encourages peer support. Parents can enjoy complimentary snacks and hot beverages.



LOVE, GROW & BOND
7 week program for care leavers
with babies 6wks-6mths

**HOME
START**
Knowsley

**Starting Wednesday 5th
November 2025
1000-1200
at Home-Start Knowsley**

7-Week Program includes:

- Baby massage sessions
- Parent and Baby Yoga
- Sensory play and storytelling activities
- The importance of bonding & attachment

Plus a variety of additional offerings, all within a relaxed, baby-led atmosphere that encourages peer support. Parents can enjoy complimentary snacks and hot beverages.

Contact Helen for details
07724620009
helen@homestartknowsley.org.uk

Knowsley Council
@homestartknowsley

Home-Start Knowsley, 55 Rupert Road, L36 9TB. Tel: 0151 480 3310.
A Company limited by guarantee. Company No: 05197002. Charity No: 1107933

Starting Wednesday 5th of November 2025

⁴<mailto:parenting@knowsley.gov.uk>

1000-1200 at Home-Start Knowsley, Home-Start Knowsley, 55 Rupert Road, L36 9TB.

Contact Helen for details-

07724620009

helen@homestartknowsley.org.uk

Henry Starting Solids Free Local Workshops - Introducing Solid Foods at 6 Months

Introducing solid foods is the start of a whole new chapter for you and your baby.

Why not come to a Starting Solids workshop to help you get your baby off to a great start. The workshop will help you decide:

- When your baby is ready to try solid food
- What foods to start with
- When your baby is hungry and when they've had enough
- How to make mealtimes an enjoyable experience for both of you

Starting Solids

Free local workshops



henry
Healthy Start, Bigger Future

Introducing solid foods is the start of a whole new chapter for you and your baby



come along!

Introducing solid foods at 6 months

Come to a Starting Solids workshop to help you get your baby off to a great start. The workshop will help you decide:

- When your baby is ready to try solid food
- What foods to start with
- When your baby is hungry and when they've had enough
- How to make mealtimes an enjoyable experience for both of you

Venue:
Knowsley Children's Centres/ Family Hubs

Date:
Coming Soon

Contact:
0151 443 5633

Sessions available across Knowsley Children's Centres/ Family Hubs. **Call 0151 443 5633 to book your free space.**

Programmes and Support for Parents with Children 0-5 Years

HENRY Healthy Families Group Programme



Do you have a child under 5?

Would you like to:

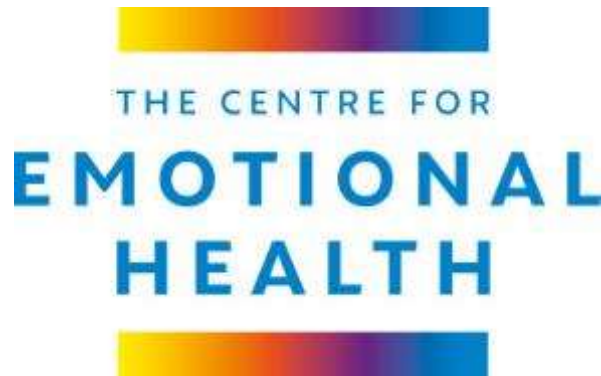
- feel more confident as a parent?
- reduce mealtime stress?
- enjoy being active as a family more often?
- encourage your child away from screens and TV?
- see your child eat more fruit and vegetables?
- gain ideas to help with family routines?

Why not come along to our FREE 8 week HENRY Programme. The programme is available in Children's Centres/Family Hubs across Knowsley.

Call 0151 443 5633 to enquire about the next dates available and secure your FREE place.

Programmes and Support for Parents with Children 0-19 Years.

The Nurturing Programme 0-19 Years



The Nurturing Programme is a 10-week programme that improves the emotional health of both adults and children and strengthens family relationships. Developed by the Centre for Emotional Health, the programme helps to support parents to further develop skills in listening and communicating with their children and help to understand their children's behaviour.

Topics explored during the programme are :

- Understanding why children behave as they do
- Recognising the feelings behind behaviour (ours and theirs)
- Exploring different approaches to discipline
- Finding ways to develop co-operation and self-discipline in children
- Learning the importance of looking after ourselves



The Nurturing Programme 0-18 years

How to get the best start out of Family Life

We will be running our 10 week Nurturing programme for parents and carers with children 0-18 years.

During the programme we will explore :

- Understanding why children behave as they do
- Recognising the feelings behind behaviour (ours and theirs)
- Exploring different approaches to discipline
- Finding ways to develop co-operation and self-discipline in children
- Learning the importance of looking after ourselves

**Stockbridge Children's Centre,
The Withens,
Stockbridge Village,
L28 1AB
9.30am - 12 noon
From 16/09/25**

**Northwood Family Hub at The Pride
2 Simonswood Lane,
Northwood, Kirkby,
L33 5YP
5.15pm - 7.30pm
From 17/09/25**

Contact

For more information and to book a place please contact
Jenny - **07792540131** / Janine - **07385347656**
or email **parenting@knowsley.gov.uk**



This term we are running two programmes across Knowsley:

- **StockbridgeChildren's Centre,The Withens,Stockbridge Village,L28 1AB Tuesday the 16th of September 9.30am - 12 noonFrom**
- **Northwood Family Hub at The Pride2 Simonswood Lane,Northwood, Kirkby,L33 5YP Wednesday the 17th of September 2025 5.15pm - 7.30pm**

For more information and to book a place please contact Jenny - **07792540131** / Janine - **07385347656** or email **parenting@knowsley.gov.uk**

For professionals : Referrals can be submitted via **EHM > Actions > Start Parenting referral**.

For Non-EHM users please find attached a referral form that can be submitted to **parenting@knowsley.gov.uk**⁵.

Programmes and Support for Parents with Children 3 Years +.

Triple P Positive Parenting

Why not come along to our 5-week programme and learn proven strategies from trained facilitators to:

- Raise happy, confident children
- Manage misbehaviour so everyone in the family enjoys life
- Set rules and routines that everyone respects
- Encourage behaviour you like
- Take care of yourself as a parent

Triple P gives you simple, practical strategies to help you raise happy and confident children

Starting: Monday 8th September 12.30pm - 2.30pm at Northwood Family Hub at The Pride, 2 Simonswood Lane, Kirkby, L33 5YP

For more information and to book a place please contact: **AnnMaria: 07825 117 500** or alternatively **parenting@knowsley.gov.uk**

For professionals: Referrals can be submitted via **EHM > Actions > Start Parenting referral**.

For Non-EHM users please find attached a referral form that can be submitted to **parenting@knowsley.gov.uk**⁶.

⁵<mailto:parenting@knowsley.gov.uk>

⁶<mailto:parenting@knowsley.gov.uk>

Triple P Fearless

Online Programme via Zoom

Fear-Less Triple P is a 6 week programme that supports parents and carers to help their children (aged 6-14 years) recognise and cope effectively with their anxiety and fears. The program helps parents and carers to understand anxiety and develop their strategies and their confidence and to support their children and the whole family. It can help the whole family break free from the stress and anxiety cycle.



A 6-week course delivered online via zoom, which supports parents and carers of children 6 to 14 years to help children manage their anxiety more effectively.

The program helps parents and carers to understand anxiety and develop their strategies and their confidence and to support their children and the whole family.

Starting Monday 10th November

12.30pm-2.30pm

Online via Zoom

***For more information and to book a place please
contact AnnMaria (07825117500)***

Alternatively email parenting@knowsley.gov.uk



Monday the 10th of November 12:30- 2:30 Online via Zoom.

For more information and to book a place please contact : **AnnaMaria : 07825 117 500**

Or alternatively parenting@knowsley.gov.uk

CBeebies & Bitesize Parenting

CBeebies

The new CBeebies Parenting website is a useful resource. It provides up to date expert advice, support and content on all things parenting for parents-to-be right through to starting school.

With the recent launch of the Starting School collection, there is advice and tips on managing separation anxiety, navigating the morning rush and supporting your child to make friends.

From podcasts, articles, activities and tips from trusted experts there is lots of information to help parents and carers through their parenting journey.



You can find out more about CBeebies parenting here:

CBeebies Parenting⁷

Bitesize

For parents and carers of children who are in primary or starting secondary, the **BBC Bitesize Parents toolkit** is also a great resource.

With advice from managing school anxieties, school avoidance to practical tips on managing routines, there is a lot of information available to help support you navigate this stage of parenting.

⁷<https://www.bbc.co.uk/cbeebies/parenting>



Parents' Toolkit - BBC Bitesize⁸

Online Programmes

*Have you seen our **FREE** online courses available for Parents and Carers in Knowsley?*

The Solihull Approach was Developed by Psychologists, Psychotherapists, Health Visitors& NHS and Education Professionals to provide accessible online parenting advice and guidance for all age ranges.

There is a range of courses tailored to children's developmental stages to support you on your parenting journey. From pregnancy and labour to parenting teens, there is online support to help you learn at each stage of your child's development in your own time in a safe, private space. Some of the courses available are:

Why not watch the video below for more information on the available programmes

1. Understanding pregnancy, labour, birth and your baby

⁸<https://www.bbc.co.uk/bitesize/parents>

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

2. Understanding your baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

3a. Understanding your child (0-19 yrs) (main course) or

3b. Understanding your child with additional needs

Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

4. Understanding your teenager's brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

5. Moving up Series

Some advice and tips on managing transitions and how to emotionally support your child to develop skills to navigate transitions and changes as they grow.



To Access visit Online Learning⁹

Apply the 'Access Code' for FREE access!

Access Code: **BETTERTOGETHER**

Fill in some details to create an account

⁹<https://inourplace.heiapply.com/online-learning/courses>

Healthy Lives and Relationships

ACE Recovery Toolkit

What is the ACE Programme and who is it for?

What are ACES? and how common are they?

ACEs are any significant or traumatic experiences that may we have early in our lives and particularly in our early childhoods that can impact on how we grow and develop. In England, it is estimated that almost half of adults have experienced at least one ACE, and 10% experienced four or more. Living trauma that has happened to you as a child may result in developing unhelpful coping and lifestyle strategies. It can mean we struggle to parent our children effectively due to our own experiences of being parented, we may have low self - esteem, find it hard to trust people and may have difficulty developing positive relationships.

The ACES programme focuses on providing people with information and practical tools to:

- Build your resilience
- Manage your emotions
- Develop better coping strategies
- Support a healthy lifestyle
- Strengthen positive relationships with your children



Thursday the 2nd October 2025 9:30am - 11:30am Northwood Family Hub at The Pride, 2 Simonswood Lane, Kirkby, L33 5YP.

For more information and to book a place please contact Jenny - **07792540131** / Janine - **07385347656** or email **parenting@knowsley.gov.uk**

For professionals: Referrals can be submitted via **EHM > Actions > Start Parenting referral**. For Non-EHM users please find attached a referral form that can be submitted to **parenting@knowsley.gov.uk**¹⁰.

***NEW* Keeping Your child in Mind: Adults working together**

Keeping Your Child in Mind: Adults Working Together is a 4-week programme that supports parents' and carers' understanding of the impact of parental conflict on children and their families. During the programme, parents and carers explore the importance of their relationships with one another and how our actions and any conflict within those relationships can impact on children and family life.

Each week includes opportunities for discussion and to learn practical strategies to help parents and carers' work more effectively together in a more positive way.

¹⁰<mailto:parenting@knowsley.gov.uk>

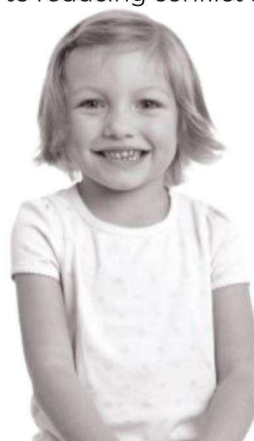
Keeping your Child in Mind: Adults working together

A 4-week programme that supports parents' and carers' understanding of the impact of parental conflict on children and their families.

Over 4 sessions we learn about:

- The importance of positive relationships within families
- Learn key ideas that support effective parenting
- Develop an understanding of the impact parents'/carers' relationships can have on children and young people
- Ways to promote positive approaches to reducing conflict and tension between parents.

**Starting
Friday 14th November
9.30am - 12noon
Northwood Family Hub
at The Pride, 2
Simonswood Lane,
Kirkby, L33 5YP**



Contact

For more information and to book a place please contact
Jenny - **07792540131**
or email **parenting@knowsley.gov.uk**

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parenting@knowsley.gov.uk¹¹.

¹¹<mailto:parenting@knowsley.gov.uk>

Reducing Parental Conflict- Online Support

It is normal for two parents to have different ideas, opinions, and values. We know disagreements, tensions and arguments happen in every relationship. However, when conflict between parents, whether they're together or separated/co-parenting, becomes frequent, intense or poorly resolved, it can become harmful to children. The impact of the parents' arguments causes emotional distress and behaviour problems during infancy and childhood. If harmful conflict is identified and supported earlier, it will lead to more healthy, harmonious family relationships.

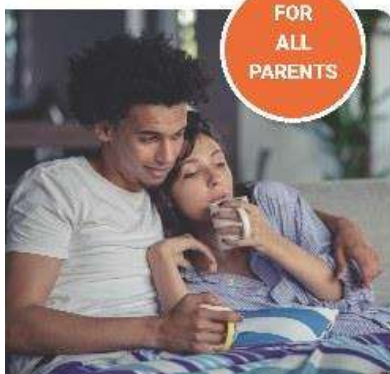
Knowsley is promoting FREE online courses which parents access in the privacy of their own homes called OnePlusOne Parent resource sign up ([oneplusone.org.uk](https://www.oneplusone.org.uk))¹²

¹²<https://www.oneplusone.org.uk/parents>

Online relationship support for parents



Parents in this area can now access **THREE ONLINE COURSES** from the relationship experts at OnePlusOne. Learn to cope with stress and communicate better, wherever you are in your parenting journey.



FOR
ALL
PARENTS

Arguing better

Disagreements are a normal part of life. How you approach them can make all the difference to you, your partner, and your children. You will learn:

- How to recognise stress and how it can affect you.
- How to support each other through difficult times.
- What causes arguments and how to stop them.



FOR
NEW
PARENTS

Me, You and Baby Too

Learn how to navigate the changes that happen in a relationship when a baby arrives, including:

- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.



FOR
SEPARATING
PARENTS

Getting it right for children

When parents are separating or separated, children can often get caught in the middle. Learn how to manage conflict to minimise the impact it has on your children, as well as:

- How to stop a discussion from turning into an argument.
- How to stay calm and listen as well as talk.
- Skills for finding solutions and making compromises.

To access the courses, you will need a smartphone, tablet, or computer, and a good internet connection. They are all **FREE** to use, so you'll just need to select your local authority area and create an account with a username and password.

You can get started by scanning the QR code or visiting:
www.oneplusone.org.uk/parents



The courses help support and provide information to parents who find themselves frequently arguing and are worried about the escalating hostilities felt, and wish to resolve

this in order to prevent their children from being affected, with the goal to improve their relationship with the other parent.

Courses include:

- **Me, You and Baby too**
- **Getting it right for children**
- **Arguing better**

There is also support and advice available for Parents and Carers who are going through a separation. *Separating better* is a brand-new FREE mobile app, designed to help guide you through the separation process, find effective ways of co-parenting, and resolve disagreements, all with the wellbeing of your child in mind. For more information please click the link below.

OnePlusOne – homepage¹³

Support for Parents and Carers with Children and Young People with SEND

SEND Parent Support Drop In

In Knowsley, Health Visitors/School Health Team, along with Home-Start Knowsley run an on-going SEND Drop-in service, as listed below. This is for any parents/carers of Knowsley children/young people (aged 0-25 years) who have potential or confirmed additional needs. Just pop in for coffee and a chat and we can advise and link you in with the local support/make appropriate referrals that your child might benefit from at this time. No appointment necessary.

For any further information please call Knowsley School Health and Health Visiting Team: 0151 514 2666 or Knowsley Home-Start: 0151 480 3910

¹³<https://www.oneplusone.org.uk/>

SEND Parent Support Drop In



Knowsley Health Visitors/School Health Team, along with Home-Start Knowsley run an on-going SEND Drop-in service, as listed below. This is for any parents/carers of Knowsley children/young people (aged 0-25 years) who have potential or confirmed additional needs. Just pop in for a coffee and a chat and we can advise and link you in with the local support/make appropriate referrals that your child might benefit from at this time. No appointment necessary.

George Howard Centre, Lickers Lane, Whiston, L35 3SR

Every 1st Thursday of the month 9.30am-12noon

Thursday 4th September

Thursday 2nd October

Thursday 6th November

Thursday 4th December

Northwood Family Hub at The Pride,

2 Simonswood Lane, Northwood, L33 5YP

Every 2nd Thursday of the month 9.30am-12noon

Thursday 11th September

Thursday 9th October

Thursday 13th November

Thursday 11th December

Hilltop Children's Centre, Bedford Close, Huyton, L36 1XH

Every 3rd Wednesday of the month 9.30am-12noon

Wednesday 17th September

Wednesday 15th October

Wednesday 19th November

Wednesday 17th December

New Hutte Children & Family Hub, Litchfield Road,

Halewood, L26 1TT

Every 4th Wednesday of the month 9.30am-12noon

Wednesday 24th September

Wednesday 22nd October

Wednesday 26th November

For any further information please call Knowsley School Health and Health Visiting

Team: 0151 514 2666 or Knowsley Homestart: 0151 480 3910



Health and Wellbeing Service in Knowsley
Parents, carers and families can
contact us on our new number... **0151 514 2666**

ADDvanced Solutions Community Network



ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them.

Through our community-based groups, we offer free programmes and learning opportunities that support the families of neurodivergent children & young people, who may also have specific learning difficulties or associated mental health needs.

We also offer weekly informal learning, advice and support at our community network groups, no need to wait or book just come along.

Our commissioned offer for families is open access and completely free. There is no referral or diagnosis needed. We are here for your family from the very beginning of the journey, to support you to understand challenging behaviour, identify characteristics of neurodiversity and explore strategies to improve difficult situations at home and school.

To see what is on offer or to contact a member of the team, please visit the website on the link below:

Families in Knowsley - ADDvanced Solutions¹⁴

¹⁴<https://www.addvancedsolutions.co.uk/services-for-families/families-in-knowsley/>

Liverpool & Knowsley SENDIASS



Are you looking for information, advice or support about matters relating to your child's special educational needs and/or disabilities (SEND)?

SENDIASS offers support to parents and carers of children and young people with SEND (0-25) in the Liverpool and Knowsley Area. We can also support your child or young person to access the service independently.

We can provide advice on the Special Educational Needs (SEN) systems, processes and code of practice, SEN provision in schools, the statutory assessment process and My Plan (Education, Health and Care Plans). We can also support with matters relating to annual reviews, transitions, transport, specialist provision/support services, local policies. If required we can provide information regarding disagreement resolution services and appeals.

Please click on the link below for more information about SENDIASS

Liverpool & Knowsley SENDIASS | Barnardo's¹⁵

Further Information and Contact

Thank you for taking the time to read our Newsletter and please feel free to share with other parents, carers and professionals.

If your service supports parents and carers in Knowsley and would like to be included in our next Newsletter, alongside our other partners and services, please get in touch at:

Parenting@knowsley.gov.uk¹⁶

¹⁵<https://www.barnardos.org.uk/get-support/services/liverpool-knowsley-sendiass>

¹⁶<mailto:Parenting@knowsley.gov.uk>