



Triple P Teen

The Triple P teen programme supports parents to promote teenagers development and manage teenagers behaviour in a constructive way. It is based on good communication and positive attention to help parents develop the skills they need to become mature adults.

Sessions cover positive parenting, encouraging appropriate behaviour, dealing with risky behaviour, implementing routines and setting goals for change.

There is no one right way to parent, you will build skills to enable you to choose what is right for you and your family.

**Starting: Monday 23rd February 1pm - 3pm
at Stockbridge Village Children's Centre, The Withens,
Stockbridge Village, L28 1AB**

**For more information and to book a place please contact:
Annmaria: 07825 117 500
Or alternatively parenting@knowsley.gov.uk**

